



JESUS TEACHES US HOW TO PRAY

YEAR 4 – AUTUMN TERM

L.O - To know that Jesus prayed to God, his Father.

THROUGHOUT HIS LIFE, PRAYER WAS IMPORTANT TO JESUS. READ ABOUT FOUR KEY TIMES IN JESUS' LIFE WHEN HE PRAYED.

WRITE AND ANSWER THE QUESTIONS AS YOU GO.

Jesus Prays alone in the hills

And in the morning, a great while before day, he rose and went out to a lonely place, and there he prayed. (Mark 1:35)

He goes off early in the day, before anyone else is awake to notice him, to a lonely place for prayerful communion with his Father.



Questions:

1) Why do think Jesus liked to go off to places of isolation, such as the hills to pray?

And when you pray, you must not be like the hypocrites; for they love to stand and pray in the synagogues and at the street corners, that they may be seen by men. Truly, I say to you, they have received their reward. But when you pray, go into your room and shut the door and pray to your Father who is in secret; and your Father who sees in secret will reward you.

2) When Jesus said the above to the disciples what do you think he meant?

JESUS PRAYS AT THE LAST SUPPER

Watch the following video:

<https://www.youtube.com/watch?v=KywnAflnOxw>

And He took bread, gave thanks and broke it, and gave it to them, saying, "This is my body given for you; do this in remembrance of me." In the same way, after the supper He took the cup, saying, "This cup is the new covenant in my blood, which is poured out for you." – Luke 22:19-20



Questions:

3) Jesus gave the disciples the first communion at the Last Supper. Why do you think Communion is an important part of the Catholic Mass today?

JESUS PRAYS IN THE GARDEN OF GETHSEMANE

After the Last Supper, Jesus and his disciples went to a garden called Gethsemane. It was getting to be quite late in the evening, so everyone was whispering.

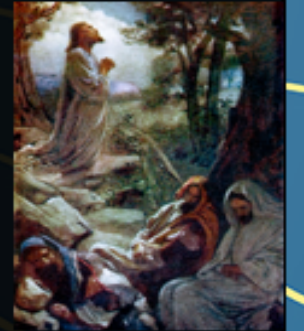
Jesus was especially quiet, and walked a bit ahead of the rest of the group. He looked as if He was sad and upset about something. He stopped and whispered to some of the disciples, "Sit here while I pray."

Then, with Peter, James, and John he walked just a little bit further and told them, "My heart feels heavy, and I feel very sad. Please stay here and keep watch, I need some company close by." The disciples looked at each other; they had never seen Jesus like this before.

Then Jesus walked a bit further by himself. Next to a big tree he knelt down with his face to the ground and began to talk to God. He prayed, "My Father, I know that I am about to go through some horrible things; I wish I wouldn't have to, but it doesn't matter what I want, I will do whatever you want."

When He had finished praying, He went back to where the disciples were to find that they had fallen asleep on the ground. Jesus woke them and said to them, "Couldn't you have stayed awake for me for just a little while? You should also pray that you will continue to do what God wants."

The disciples felt bad, and tried to keep their eyes open. But when they started praying, they fell asleep. Two more times Jesus went off to pray the same prayer as before, and when he was finished He came back to his friends -- disappointed to find that they had fallen asleep once again.



Question:

4) What do you think Jesus meant in the highlighted prayer above, that he said to his Father?

JESUS PRAYED ON THE CROSS.

Jesus prayed three prayers from the cross

Father forgive them;
for they know not
what they do" (Luke
23:34)

My God, My God,
why hast
thou forsaken me?"
(Matt 27:46, Mark
15:34)

"Father, into thy
hands I commit my
spirit" (Luke 23:46)

Question:

5) Jesus clearly felt a lot of different emotions while on the cross. What do you think he was feeling as he said each of these three prayers?